

GYM 1

Effective February 2, 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
5:00	N/A	OPEN	OPEN	OPEN	OPEN	OPEN	N/A				
5:30							OPEN	OPEN	OPEN	OPEN	OPEN
6:00											
6:30											
7:00	OPEN	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	CHILD CARE	YOUTH SPORTS				
7:30											
8:00											
8:30											
9:00		X-Training 9-10AM	X-Training 9-10AM								
9:30											
10:00											
10:30											
11:00											
11:30											
12:00											
12:30											
1:00											
1:30											
2:00		OPEN	OPEN	OPEN	OPEN	OPEN					
2:30											
3:00											
3:30											
4:00	OPEN	OPEN	OPEN	OPEN	OPEN						
4:30											
5:00											
5:30											
6:00	N/A	YOUTH SPORTS	YOUTH SPORTS	YOUTH SPORTS	YOUTH SPORTS	N/A					
6:30											
7:00											
7:30											
8:00		OPEN	OPEN	OPEN	OPEN						
8:30											
9:00		N/A	N/A	N/A	N/A		N/A				
9:30											

The YMCA reserves the right to change the schedule at any point without notice.

GYM 2

Effective February 2, 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:00	N/A						N/A	
5:30								
6:00								
6:30								
7:00	OPEN						OPEN	
7:30								
8:00								
8:30								
9:00								
9:30								
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12:00								
12:30								
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2:00								
2:30								
3:00								
3:30								
4:00								
4:30								
5:00	N/A						YOUTH SPORTS	
5:30								
6:00								
6:30								
7:00								
7:30								
8:00								
8:30								
9:00								
9:30								
							N/A	
		N/A	N/A	N/A	N/A	N/A		

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