

LARGE POOL SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 AM							
6:00 AM			Adult Lap Swim 5:30 - 7:55	Adult Lap Swim 5:30 - 8:55	Adult Lap Swim 5:30 - 7:55	Adult Lap Swim 5:30 - 8:55	
6:30 AM		Adult Lap Swim 5:30 - 8:55					
7:00 AM							Adult Lap Swim 7:00 - 9:00
7:30 AM							
8:00 AM			*Lap/Splash 8:00 - 8:55		*Lap/Splash 8:00 - 8:55		
8:30 AM							
9:00 AM	Adult Lap Swim 8:30 - 11:00	*Lap Splash & Hydro 9:00 - 9:55	Senior Swim 9:00 - 10:00	*Lap Splash & Hydro 9:00 - 9:55	Senior Swim 9:00 - 10:00	*Lap Splash & Hydro 9:00 - 9:55	
9:30 AM							
10:00 AM		*Lap Aqua Zumba 10:00 - 10:55		*Lap Aqua Zumba 10:00 - 10:55		*Lap Aqua Zumba 10:00 - 10:55	2 Open Lap Swim Swim Lessons 9:00 - 12:00
10:30 AM							
11:00 AM			*Adult Lap 10:00 - 2:00		*Adult Lap 10:00 - 2:00		
11:30 AM		Adult Lap Swim 11:00 - 2:00	**1 lane 10:30 - 11:15 (Adult Lessons/Private)	Adult Lap Swim 11:00 - 2:00	**1 lane 10:30 - 11:15 (Adult Lessons/Private)	Adult Lap Swim 11:00 - 2:00	
12:00 PM		1 Lane*(Home School Lesson 1:00 - 2:00)		1 Lane*(Home School Lesson 1:00 - 2:00)		1 Lane*(Home School Lesson 1:00 - 2:00)	
12:30 PM							
1:00 PM	3 Open Lap Swim						
1:30 PM	3 Family Swim 11:00 - 3:30						
2:00 PM		3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim 3 Family Swim 12:00 - 3:30
2:30 PM		3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	3 Open Lap Swim	
3:00 PM		3 Family Swim 2:00 - 4:30	3 Family Swim 2:00 - 4:30	3 Family Swim 2:00 - 4:30	3 Family Swim 2:00 - 4:30	3 Family Swim 2:00 - 4:30	
3:30 PM							
4:00 PM							
4:30 PM		5 Swim Team 1 Lap Swim 4:30 - 5:30	4 Swim Team 2 Lap Swim 4:30 - 5:30	5 Swim Team 1 Lap Swim 4:30 - 5:30	4 Swim Team 2 Lap Swim 4:30 - 5:30	5 Swim Team 1 Lap Swim 4:30 - 5:30	
5:00 PM							
5:30 PM		4 Swim Team 2 Lap Swim 5:30 - 6:30	2 Lessons 4 Swim Team 5:30 - 7:00	4 Swim Team 2 Lap Swim 5:30 - 6:30	2 Lessons 4 Swim Team 5:30 - 7:00	4 Swim Team 2 Lap Swim 5:30 - 6:30	
6:00 PM							
6:30 PM	Rent Me Pool Party 3:30 - 4:30	4 Swim Team 6:30 - 7:30		4 Swim Team 6:30-7:30		4 Swim Team 6:30-7:30	Rent Me Pool Party 3:30 - 5:30
7:00 PM		4 Lanes Lap 7:30 - 8:30		4 Family Swim/Lap 7:30 - 8:30		2 Family Swim/Lap 6:30 - 7:30	
7:30 PM		2 Lanes Lifeguarding 6:30 - 8:30	3 Scuba 7:00 - 8:30		4 Lap Swim 2 Family Swim 7:00 - 8:30	6 family/ lap 7:30-8:30	
8:00 PM			3 Lap Swim 7:00 - 8:30	2 Lanes Lifeguarding 6:30 - 8:30			
8:30 PM							
9:00 PM							
9:30 PM							

(9th-12th) High School and older for Adult Lap Swim

Lap swim during swim lessons/exercise class is subject to change due to the size of the class

30 Minute Limit to Lap Swimming when other people are waiting

Open Lap Swim is for members who can swim continuously 100 yards or more

Children 13 and UNDER must be accompanied by an Adult in the POOL AREA.

NO STREET CLOTHES PERMITTED IN THE POOLS! Children under 4 MUST wear a swim diaper

No inflatable rafts, baby seats, or tubes. Anyone wearing a floatation device

or huddle must have and adult in the water at arms length.

ALL ATTIRE MUST BE COMPRISED OF APPROVED SWIM SUIT MATERIAL.

Shaded areas closed. *POOL SCHEDULE SUBJECT TO CHANGE.

SMALL POOL SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:00 AM							Swim Lessons 8:00 - 12:00	
8:30 AM								
9:00 AM		Aqua Bands 9:00 - 9:55	Arthritis 9:00 - 9:55	HDC 9:00 - 9:55	Arthritis 9:00 - 9:55	Aqua Yoga 9:00 - 9:55		
9:30 AM								
10:00 AM		Swim Lessons 10:00 - 11:00	Swim Lessons 10:00 - 12:00	Daycare 10:00 - 11:00	Daycare 10:00 - 11:00	Daycare 10:00 - 11:00		
10:30 AM								
11:00 AM	Family Swim 11:00 - 3:30	Arthritis Class 11:00 - 12:00		Arthritis Class 11:00 - 12:00	Swim Lessons 11:00 - 1:00	Arthritis Class 11:00 - 12:00	Family Swim 12:00 - 3:30	
11:30 AM								
12:00 PM		Arthritis Class 12:00 - 1:00	Adult Swim Lessons 12:00 - 1:00	Arthritis Class 12:00 - 1:00		Arthritis Class 12:00 - 1:00		
12:30PM		Home School Lessons 1:00 - 2:00	Family Swim 1:00 - 4:30	Home School Lessons 1:00 - 2:00	JDC 1:00 - 2:30	Home School Lessons 1:00 - 2:00		
1:00 PM								
1:30 PM								
2:00 PM								
2:30 PM								
3:00 PM			Family Swim 2:00 - 5:00		Family Swim 2:00 - 5:00	Family Swim 2:30 - 4:30		Family Swim 2:00 - 5:00
3:30 PM								
4:00 PM								
4:30 PM	Rent for Pool Parties 3:30 - 4:30							
5:00 PM		Aquacise 5:00 - 6:00	Preschool Swim Lessons 4:30 - 7:30	Aquacise 5:00 - 6:00	Preschool Swim Lessons 4:30 - 7:30	Aquacise 5:00 - 6:00		
5:30 PM								
6:00 PM		Splash 6:00 - 7:00		Splash 6:00 - 7:00		Splash 6:00 - 7:00		
6:30 PM								
7:00 PM		Family Swim 7:00 - 8:30	Family Swim 7:30 - 8:30	Special Population 7:00 - 8:30	Family Swim 7:30 - 8:30	Family Swim 7:00 - 8:30		
7:30 PM								
8:00 PM								
8:30 PM								

Children 13 and **UNDER** must be accompanied by an **ADULT** in the **POOL AREA**.

NO STREET CLOTHES PERMITTED IN POOL! Children under 4 **MUST** wear a swim diaper ~ No inflatable rafts, baby seats, or tubes.

Anyone wearing floatation device or bubble must have and adult in the water at arms length.

ALL ATTIRE MUST BE COMPRISED OF APPROVED SWIM SUIT

Shaded areas closed. *POOL SCHEDULE SUBJECT TO CHANGE*