

LARGE POOL SCHEDULE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
5:30 AM		Fitness Swim		Fitness Swim						
6:00 AM		5:30-8:25am	Fitness Swim 6-7:55am	5:30-8:25am				Fitness Swim 6-7:55am	Fitness Swim 6-8:25am	
6:30 AM										
7:00 AM										Fitness Swim 7-8:55am
7:30 AM										
8:00 AM				Aqua Zumba					Aqua Zumba	
8:30 AM		Splash & Hydro	8:00 - 8:45am	Splash & Hydro				8:00-8:45am	Splash & Hydro	
9:00 AM		8:30-9:25am		8:30-9:25am					8:30-9:25am	Swim Lessons
9:30 AM		9:30-10:25am	Senior Swim 9:30-10:25am	9:30-10:25am				Senior Swim 9:30-10:25am	9:30-10:25am	
10:00 AM										
10:30 AM			Fitness Swim	Fitness Swim				Fitness Swim	Fitness Swim	Fitness Swim
11:00 AM										
11:30 AM	Fitness Swim									
12:00 PM	11:30am-1pm	10:30-2:00	10:30-1:30	10:30-2:00	10:30-1:30	10:30-2:00				
12:30 PM										
1:00 PM										
1:30 PM	Family/Fitness		Family/Fitness		Family/Fitness					
2:00 PM	Swim		3 lanes each		3 lanes each					
2:30 PM	3 lanes each		1:30-2:30		1:30-2:30		Fitness/Family			
3:00 PM	1-5pm	Goretti	Goretti	Goretti	Goretti	Goretti	Swim			
3:30 PM		Swim Team	Swim Team	Swim Team	Swim Team	Swim Team	3 lanes each			
4:00 PM		3:00-4:30pm		3:00-4:30pm		3:00-4:30pm	2:30-5pm			
4:30 PM		Y Swim Team	3:00-5:00pm	Y Swim Team	3:00-5:00pm	Y Swim Team				
5:00 PM		4:30-5:30 pm		4:30-5:30 pm		4:30-5:30 pm				
5:30 PM		Fitness Swim	Swim	Fitness Swim	Swim	Fitness Swim				
6:00 PM		5:30-7pm	Lessons	5:30-7pm	Lessons	5:30-7pm				
6:30 PM			5:30-7:00		5:30-7:00					
7:00 PM		Swim Team	Adult Lessons	Swim Team	Swim Team					
7:30 PM		7:00-8:00 pm	7-8 pm 3 lanes	7-8:30 PM	7:00-8:30 pm	Family/Fitness				
8:00 PM		Swim Team	Swim Team		SCUBA					
8:30 PM		8:00-8:30pm	7-8:30 3 lanes	Fitness/Family	8:00-10:00pm	7-9:30 PM				
9:00: PM		3 lanes	SCUBA	8:30-9:30 pm	3 lanes					
9:30 PM		Lifeguarding	8-10 pm 3 lanes		Fitness Swim	3 lanes each				
10:00 PM		8:00-10:00pm	Fitness Swim		8:30-9:30					
			8:30-9:30 3 Ins		3 lanes					

No t-shirts or shorts in the pools! Shaded areas closed to the public.
 Kids under 9 *must* be accompanied by an adult in the pool. 14 yrs.of age or older for fitness swim.
 No inflatable rafts, baby seats, or tubes.

SCHEDULE BEGINS AUGUST 29th, 2011